



ABOUT CHRISTCHURCH SCHOOL

Christchurch School's 125-acre campus features meticulously manicured athletic fields overlooking the Rappahannock River.

We are one of six schools in the Episcopal Diocese of Virginia - a boarding school for boys and day school for both boys and girls grades 8-12.

Christchurch School is home to students who become great college athletes, celebrated writers, entrepreneurs, and successful business men and women. Our graduates include William Styron '42, winner of the Pulitzer Prize and author of the great American novel *Sophie's Choice*, Pulitzer Prize-winning author and local hero Lewis Puller '65, as well as William "Bill" Brill '48, member of the ACC Basketball Writers' Hall of Fame and author of two books on Duke University Basketball.

Christchurch School is home to the 2006 VA Prep League Regular Season and Tournament Basketball Champions.



We are located on Route 33 East, just 25 minutes north of Gloucester Courthouse, 30 minutes east of West Point, and 20 minutes south of Kilmarnock.

Learn more about
CHRISTCHURCH BASEBALL CAMP 2006!

Coach Jon Waite
49 Seahorse Lane
Christchurch, VA 23031
(804) 758-2306

JWAITE@CHRISTCHURCHSCHOOL.ORG
WWW.CHRISTCHURCHSCHOOL.ORG

PLAY BALL!

at

CHRISTCHURCH BASEBALL CAMP SUMMER 2006



ON THE CAMPUS OF
CHRISTCHURCH SCHOOL
JUNE 19-23

Open to all students entering grades 6-12, the Christchurch Baseball Camp provides outstanding instruction in all phases of the game of baseball. Camp sessions run from 9 a.m. - 5 p.m. each day and are designed to help each player improve his skill set no matter what his current ability level.

Head Baseball Coach Jon Waite, along with other high school coaches and players, will instruct this year's campers.

CHRISTCHURCH BASEBALL CAMP 2006

Daily morning drills will emphasize proper throwing mechanics, position-specific defensive instruction, hitting stations, and base running fundamentals. After lunch campers will learn team defensive concepts such as cut-offs and relays, flyball communication, and rundowns. The afternoon will conclude with game competition which will allow campers to put what they are learning into practice. Before dismissal, campers will meet with their coach to review and discuss their progress and what they have learned that day.

FEE: \$140.00**

**includes lunch in the Christchurch dining hall every day and a camp t-shirt for each camper.

ABOUT COACH WAITE:

Coach Jon Waite has been involved in baseball as long as he can remember. After a high school career in Virginia Beach, VA, he played at **Hampden-Sydney College**, where he earned **All-ODAC and All-State honors** as both a pitcher and first baseman. Coach Waite played professionally in the **Chicago Cubs** organization, then in 1994 he took over as the head coach at Norfolk Academy. In eleven seasons, his teams **won 184 games**, while winning the **Tidewater Conference Championship** twice and the **Virginia Prep League Championship** once. Coach Waite took over the head coaching position at Christchurch in the fall of 2004. He is a two-time **Tidewater Conference of Independent Schools Coach-of-the-Year** (1999, 2004) and **Prep League Baseball Coach-of-the-Year** in 2000.



TYPICAL SCHEDULE

9:00 am	Roll Call
9:10	Stretch
9:25	Basic Skills - Throwing
9:40	Water Break
9:45	Position-Specific Instruction
10:25	Water Break
10:30	Hitting Stations
11:25	Water Break
11:30	Base Running
11:50	Swim Break
12:30 pm	Lunch
1:30	Basic Skills - Team Drills
2:15	Water Break
2:30	Games
4:15	Games End
4:30	Review Day with Team Coach
5:00	Dismiss Camp

Campers should bring their gloves, bats, sneakers, and cleats. Campers may wear shorts, but should bring baseball pants too. Catchers should bring their own gear. There will be a swim break every day, so campers should bring a bathing suit and a towel if they wish to go in the pool.

Lunch for campers is provided in our dining hall!



Coach Waite instructs a group of players

REGISTER NOW!

Name _____
first last preferred name

Address _____

Birthdate _____ Age on June 26, 2006 _____

Phone _____

Parent/Guardian Name _____

Daytime phone _____

Current School _____

How many years have you played baseball? _____

Your t-shirt size _____

All campers are required to bring a copy of their athletic physical form with a doctor's signature current to the last twelve months. If you need a medical form one can be obtained online at www.christchurchschool.org in the **SUMMER CAMPS** section, or you can call us to mail you a copy. The Christchurch Baseball Camp will carry a sickness and injury policy that is a secondary insurance policy and should not be considered Health Insurance. The policy is designed to cover any costs not covered by your primary insurance. The camper's family is responsible for submitting claims to the Accident Insurance Carrier directly. Campers may be photographed during the course of the camp. The camper and the guardian agree that any likeness of the camper may be used in future advertising for the school or camp. If a camper's behavior is deemed unacceptable, the director of the camp reserves the right to dismiss the camper with no refund of fees.

Camper Signature _____

Parent/Guardian
Signature _____

Please mail your completed registration form with fee to:
CHRISTCHURCH BASEBALL CAMP 2006
ATT: JON WAITE
49 Seahorse Lane
Christchurch, VA 23031